ABSTRAK

Penelitian ini bertujuan mendeskripsikan representasi dinamika komunikasi interpersonal tokoh Emily pasca-pengalaman traumatis dalam film Waves (2019). Trauma yang dialami Emily setelah tragedi yang melibatkan keluarganya direpresentasikan melalui perubahan interaksi tokoh dengan dirinya sendiri, keluarga, dan orang-orang di sekitarnya selama proses pemulihan. Penelitian ini menggunakan metode kualitatif dengan pendekatan Analisis Isi Kualitatif *(Qualitative Content Analysis)* yang diintegrasikan dengan Teori Representasi Stuart Hall, Konsep Penetrasi Sosial Altman dan Taylor, serta lima indikator kualitas komunikasi interpersonal Joseph A. DeVito. Analisis teks film digunakan sebagai cara pandang untuk membaca film sebagai teks yang merepresentasikan dinamika komunikasi interpersonal melalui dialog dan unsur-unsur sinematik. Data diperoleh melalui observasi terhadap unsur verbal dan nonverbal dalam adegan yang dipilih secara purposif berdasarkan perkembangan komunikasi tokoh Emily. Hasil penelitian menunjukkan bahwa dinamika komunikasi interpersonal Emily direpresentasikan melalui lima fase pemulihan. Pada fase isolasi, Emily mengalami hambatan komunikasi yang ditandai dengan Komunikasi Kosong (KOS) dan keterbatasan dimensi *Breadth* (BRD). Memasuki fase transisi, dukungan teman sebaya mendorong munculnya *Openness* (OPE), *Empathy* (EMP), dan *Equality* (EQU) sehingga hubungan berkembang menuju *Depth* (DPT). Selanjutnya, komunikasi Emily mencapai lapisan Core (COR) melalui keterbukaan timbal balik yang diikuti munculnya *Supportiveness* (SUP), kemudian berlanjut pada pemulihan hubungan keluarga serta berkembangnya *Positiveness* (POS) dan penerimaan diri. Temuan penelitian menunjukkan bahwa Waves merepresentasikan pemulihan trauma sebagai proses bertahap yang dibangun melalui komunikasi interpersonal yang suportif, hubungan yang saling menerima, dan kemampuan individu untuk berdamai dengan pengalaman traumatisnya.

Kata kunci: Representasi, Komunikasi Interpersonal, Penetrasi Sosial, Analisis Isi Kualitatif, Waves (2019).

ABSTRACT

This study aims to describe the representation of Emily's interpersonal communication dynamics following a traumatic experience in the film Waves (2019). Emily's trauma, resulting from a family tragedy, is represented through the changes in her interactions with herself, her family, and the people around her throughout the recovery process. This study employed a qualitative method using a Qualitative Content Analysis approach integrated with Stuart Hall's Theory of Representation, Altman and Taylor's Social Penetration Theory, and Joseph A. DeVito's five positive interpersonal communication attitudes. Film text analysis was employed as an analytical perspective to examine the film as a text that represents interpersonal communication dynamics through dialogue and cinematic elements. Data were collected through observations of verbal and nonverbal elements in purposively selected scenes based on the development of Emily's communication. The findings reveal that Emily's interpersonal communication dynamics are represented through five stages of recovery. During the isolation stage, Emily experienced Empty Communication (KOS) and limitations in the Breadth (BRD) dimension. In the transitional stage, peer support encouraged the emergence of Openness (OPE), Empathy (EMP), and Equality (EQU), leading the relationship toward greater Depth (DPT). Subsequently, Emily's communication reached the Core (COR) layer through reciprocal self-disclosure, followed by the emergence of Supportiveness (SUP), family reconciliation, the development of Positiveness (POS), and ultimately self-acceptance. Overall, the study concludes that Waves represents trauma recovery as a gradual process fostered through supportive interpersonal communication, mutually accepting relationships, and an individual's ability to reconcile with traumatic experiences.

Keywords: *Representation, Interpersonal Communication, Social Penetration Theory, Qualitative Content Analysis, Waves (2019).*