

DAFTAR PUSTAKA

- Ahmad, A., Herdianzah, Y., Safutra, N. I., Rauf, N., Gamgulu, R., & Nur, T. (2023). *Workload analysis to determine the optimal number of workforce using the Work Load Analysis (WLA) method at PT. Harapan Jaya Multi Bisnis. Opsi*, 16(2), 241. <https://doi.org/10.31315/opsi.v16i2.8967>
- Al Hadi, M. S., & Ketut Surya, I. B. (2023). *Work Stress Mediates the Effect of Workload Against Employee Turnover Intention at BRI Kuta Branch Office. International Journal of Economics and Management Studies*, 10(5), 26–34. <https://doi.org/10.14445/23939125/ijems-v10i5p104>
- Amad Khoirudin, dkk. (2023). Analisis Kebutuhan Tenaga Kerja Di Umkm Omah Kandang Berdasarkan Metode *Work Load Analysis* Dan *Work Force Analysis*. *JMRI Journal of Multidisciplinary Research and Innovation*, 1(2), 107–115. <https://doi.org/10.61240/jmri.v1i2.25>
- Ariyani, E. D., Muhammad, A., Sya'diah, N. H., Sadikin, S., & Latipah, Y. (2024). *Workload Analysis to Establish the Ideal Staffing Level Using the Workload Analysis (WLA) Method (Case study of Manufacturing Design Engineering Production Laboratory, in Indonesia). International Journal of Scientific and Management Research*, 07(11), 111–124. <https://doi.org/10.37502/ijsmr.2024.71110>
- Brillinger, M., Manfredi, S., Leder, D., Bloder, M., Jäger, M., Diwold, K., Kajmakovic, A., Haslgrübler, M., Pichler, R., Brunner, M., Mehr, S., & Malisa, V. (2024). *Physiological workload assessment for highly flexible fine-motory assembly tasks using machine learning. Computers and Industrial Engineering*, 188(January). <https://doi.org/10.1016/j.cie.2023.109859>
- Ernawati, R., & Lulu Fauziyyah, H. (2022). Penentuan Jumlah Tenaga Kerja Optimal Berdasarkan Beban Kerja Pada Pt X. *Jurnal Industri & Teknologi Samawa*, 3(2), 110–116. <https://doi.org/10.36761/jitsa.v3i2.1616>
- Hakim, A. (2020). *The Influence of Work Ability and Workload on The Effectiveness of Employee In The East Cempaka Putih Village Central Jakarta. International Journal of Business and Applied Social Science*, 30–39. <https://doi.org/10.33642/ijbass.v6n7p4>
- Manaruzzaki, A., Suhardi, B., Tsimar Andriyani, H., & Utami Tyastuti, N. (2022). *Literature Review: The Importance of Working Time Measurement in the Manufacturing Industry to Increase Company Productivity (Case in Indonesia). Asian Journal of Social Science and Management Technology*, 4(1), 2313–7410. www.ajssmt.com

- Mohd Azhar, M. F. A., Ahmad, A. H., Jamaludin, M. H., Osman, S. A., & Osman, S. A. (2024). *Enhancing Operational Efficiency through Stopwatch Time Study: A Systematic Approach for Performance Evaluation*. *Journal of Advanced Research in Applied Sciences and Engineering Technology*, 1(1), 253–264. <https://doi.org/10.37934/araset.60.1.253264>
- Niere (Mecon), M. I. E., Narsico, L. O., & Narsico, P. G. (2024). *Work Training, Workplace Relationships, Workload and Job Performance*. *International Journal of Multidisciplinary: Applied Business and Education Research*, 5(2), 664–680. <https://doi.org/10.11594/ijmaber.05.02.26>
- Nisa Salsabila, Akung Daeng, Adhitya Bagus Singandaru, & Nira Devi Poudel. (2024). *The Influence of Quality Work of Life, Workload, Work Stress, Lifestyle and Environment on the Productivity of the Millennial Workforce in Mataram City*. *International Journal of Management Science*, 2(1), 43–51. <https://doi.org/10.59535/ijms.v2i1.223>
- Nudin, R. I., Pusporini, P., & Priyana, E. D. (2022). Analisis Beban Kerja Guna Menentukan Kebutuhan Jumlah Tenaga Kerja yang Optimal Berdasarkan Metode *Workload Analysis* dan *Work Force Analysis* (Studi Kasus Penggilingan Beras di UD. Sumber Rejeki Rejo Jaya). *JUSTI (Jurnal Sistem Dan Teknik Industri)*, 2(2), 214. <https://doi.org/10.30587/justicb.v2i2.3514>
- Nurritzki, S. D., Fathimahhayati, L. D., & Gunawan, S. (2021). Penentuan Jumlah Tenaga Kerja dengan Pendekatan *Work Load* dan *Work Force Analysis* sebagai Pertimbangan Insentif. *Dinamika Rekayasa*, 17(2), 107. <https://doi.org/10.20884/1.dr.2021.17.2.432>
- Othman, M., Gouw, G. J., & Bhuiyan, N. (2012). *Workforce scheduling : A new model incorporating human factors Abstract : Purpose : The majority of a company ' s improvement comes when the right workers with the*. 5(2), 259–284.
- Peck, W. J. (2025). *Workforce planning: a review of methodologies*. *Annals of Operations Research*, 352(1–2), 251–294. <https://doi.org/10.1007/s10479-025-06734-1>
- Primadhiya, F., & Rochmoeljati, R. (2025). Analisis beban kerja pada pekerja *Assembly Lavatory* di PT INKA Multi Solusi dengan metode *Workload Analysis* (WLA). *Jurnal Teknik Industri Terintegrasi*, 8(1), 351–361. <https://doi.org/10.31004/jutin.v8i1.39704>
- Saidatuningtyas, I., Ardhan, D. T., Rizal, M. A., Khoirunnisa, R., & Alhaq, D. S. (2025). jurnal_taguchi Haniza. *Jurnal Taguchi: Jurnal Teknik Dan Manajemen Industri*, 5(2), 558–569.

- Sari, W. N., & Nurkertamanda, D. (2025). Evaluasi Target Produksi Produk Half a/B Outer Comp K60 R Dengan Melakukan Pengukuran Waktu Kerja Langsung Menggunakan Metode *Stopwatch Time Study* Di Pt Sjm. *Industrial Engineering Journal*, 14(2).
- Sutalaksana, D. (2006). *Teknik perancangan sistem kerja dan pengukuran waktu*. Institut Teknologi Bandung (ITB Press).
- Suwadi, S. (2024). *The Effect of Workload and Wage Levels on Job Satisfaction of Honorary Employees with Motivation as a Mediation*. *International Journal of Business, Economics & Financial Studies*, 2(1), 26–31. <https://doi.org/10.62157/ijbefs.v2i1.51>
- Syarifuddin, R., Hayat, E. J., & Sa'dudin Tjaptjani, D. (2025). Estimasi Kebutuhan Tenaga Kerja Langsung Menggunakan *Workload Analysis* untuk Optimalisasi Beban Produksi. *Jurnal Kalibrasi*, 23(2), 430–442. <https://doi.org/10.33364/kalibrasi/v.23-2.3128>
- Tokat, C. S., Tosun, S., & Yilmaz, İ. (2025). *Journal of Turkish Operations Management Evaluating mental workload among academic personnels using the. Journal of Turkish Operations Management*, 9, 283–300.
- Utiarahman, R., Jusuf, H., & Maksum, T. S. (2025). *Analysis of Work Shifts and Mental Workload with Work Fatigue in Water Treatment Plant Operators at Perumdam Muara Tirta Gorontalo City Using NASA-TLX and SOFI Methods. International Journal of Health, Economics, and Social Sciences (IJHESS)*, 7(2), 754~760-754~760. <https://doi.org/10.56338/ijhess.v7i2.7293>
- Wahyulistiani, A. F., Safirin, M. T., Tranggono, & Lantara, D. (2022). *Workload Analysis to Optimize Labor of Tofu Factory. Journal of Industrial Engineering*, 7(2), 3–8.
- Widhiarso, W., Zein, N. F. R., & Jatiningsih, M. G. D. (2022). Analisis Beban Kerja Menggunakan Metode *Workload Analysis* (WLA) Untuk Menentukan Kebutuhan Tenaga Kerja Optimal. *Jurnal Teknik Industri*, 1(2), 70. <https://doi.org/10.30659/jurti.1.2.70-80>