

**PENGARUH *WORK FAMILY CONFLICT* TERHADAP KINERJA GURU  
DIMEDIASI OLEH STRESS KERJA**

**(Studi pada SD Muhammadiyah Condong Catur Kecamatan**

**Depok Kabupaten Sleman, Yogyakarta)**

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**ABSTRAKSI**

Penulisan ini bertujuan untuk mengetahui pengaruh *Work Family Conflict* terhadap Kinerja Guru yang dimediasi oleh Stress Kerja . *Work family conflict* merupakan salah satu konflik yang sering terjadi dikalangan guru, karena mereka harus membagi waktu untuk urusan pekerjaan dan keluarga. Adanya *work family conflict* akan berpengaruh ke kinerja guru. Jika kinerja guru menurun akan berdampak pada kegiatan belajar mengajar di sekolah. Penelitian ini dilakukan di SD Muhammadiyah Condong Catur Kecamatan Depok Kabupaten Sleman, Yogyakarta. Jumlah responden yang diteliti adalah sebanyak 51 orang guru dengan metode *purposive sampling*. Data dikumpulkan dengan menyebarkan kuesioner dan menggunakan regresi sederhana serta analisi path sebagai teknik analisis. Uji sobel juga digunakan untuk mengetahui apakah terjadi mediasi pada penelitian ini. Hasil analisis ini menunjukkan hasil yaitu: 1) *Work family conflict* berpengaruh negatif terhadap kinerja guru. 2) *Work family conflict* berpengaruh positif terhadap stress kerja. 3) Stress kerja berpengaruh negatif terhadap kinerja guru . 4) Stress kerja tidak dapat memediasi *work family conflict* terhadap kinerja guru.

Kata kunci : *Work family conflict*. Stress kerja. Kinerja Guru.

**THE EFFECT OF WORK FAMILY CONFLICT ON  
PERFORMANCE IS MEDIATED BY WORK STRESS**

**(Study at Muhammadiyah Condong Catur Elementary School,  
Depok, Sleman, Yogyakarta)**

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**ABSTRACT**

This writing aims to determine the effect of Work Family Conflict on Teacher Performance mediated by Job Stress Work family conflict is one of the conflicts that often occurs among teachers, because they have to divide their time for work and family matters. Work family conflict will affect teacher performance. If teacher performance decreases it will have an impact on teaching and learning activities in schools. This research was conducted at Muhammadiyah Condong Catur Elementary School, Depok District, Sleman Regency, Yogyakarta. The number of respondents studied was 51 teachers with a purposive sampling method. Data were collected by distributing questionnaires and using simple regression and path analysis as analysis techniques. The sobel test was also used to find out if there was mediation in this study. The results of this analysis show the results, namely: 1) Work family conflict has a negative effect on teacher performance. 2) Work family conflict has a positive effect on work stress. 3) Job stress has a negative effect on teacher performance. 4) Job stress cannot mediate work family conflict on teacher performance.

Keywords: Work family conflict. Work stress. Teacher Performance.